

Subjects for Dan Examination FEW Federation of European Wadokai

	Basic Technique (Kihon)	Kata	Basic (Kihon)Kumite	Jiyu (free)kumite
1 st Dan	Junzuki (Keri and Junzuki), Gyakuzuki (Keri and Gyakuzuki) Junzuki Tsukkomi (Keri and Junzuki Tsukkomi), Gyakuzuki Tsukkomi (Keri and Gyakuzuki Tsukkomi), Tobikomizuki , Tobikomi Nagashizuki	Kushanku Naihanchi One Pinan kata to be designated on the day of the examination	Kihon Kumite no 1 is must and two free of choice.	Free Sparring
2 nd Dan	Same as 1 st Dan	Seishan Naihanchi Kushanku	Kihon Kumite no 5 is must and two free of choice.	Free Sparring
3 rd Dan	Same as 1 st Dan	Seishan Chinto Kushanku	Kihon Kumite no 5 is must and two free of choice.	Free Sparring
4 th Dan	Same as 1 st Dan	Seishan Chinto Niseishi	Kihon Kumite no 5 and no 8 are must and one free of choice.	Free Sparring
5 th Dan	Same as 1 st Dan	Seishan Chinto Niseishi	Kihon Kumite no 5 and 10 are must and one free of choice.	Free Sparring